

WASHINGTON:



In Washington, internships run throughout the fall, spring or summer. Although internships in both District and Washington, DC, offices are unpaid, students gain invaluable work experience. The hours are flexible, but generally run 9:00 a.m. to 6:00 p.m. when Congress is in session, and 9:00 a.m. to 5:00 p.m. when not in session.

In Washington, intern responsibilities will vary. They will be asked to run errands, research legislation for the Congressman and his legislative staff, attend hearings and briefings and provide general administrative assistance. As a result, interns learn about the legislative process and the many other functions of a congressional office on Capitol Hill.

Internships are available year-round. The deadline for Summer Internships in Washington, D.C. is March 1. The deadline for Fall internships is June 1. The deadline for

Winter internships is September 1. And the deadline for Spring internships is December 1. Interested candidates should submit a cover letter, resume and writing sample (500 words) to the Washington Intern Coordinator, Tim Tracy, at tim.tracy@mail.house.gov

DISTRICT:

In Congressman Bilirakis's District Offices in Palm Harbor and Plant City, interns may be asked to do a variety of things, including day-to-day office work such as answering phones, writing letters and assisting with media clips. Additionally, interns may be assigned to assist in various constituent case work or be assigned District-based projects of importance. They may also assist the Congressman and his staff on District outreach or events.

Internship opportunities are available on a rolling basis. Interested candidates should submit the [application form\(click here to download\)](#) to the District Intern Coordinator, Kristen Sellas, at kristen.sellas@mail.house.gov or by FAX: 727-784-6471.